



barossa
community
options

INDEPENDENCE | FRIENDSHIP | COMMUNITY



BCO OFFERS A HEALTH PROGRAM THAT IS HELD FIVE DAYS A WEEK OVER AN EIGHT WEEK BLOCK.

The program includes :

- Personal Care and washing your body.
- Learning how to find health professionals
- Basic First Aid
- Sun safety
- Sexual health and checks
- Keeping hydrated

Participants are able to take home information and tools to use at home.

For more information, call and speak to Karina Piro on (08) 8562 4855.

HEALTH PROGRAM